

Standard of Practice Bathing

This standard of practice is to support the CSW in providing safe, respectful and effective personal care to the public population in a dignified and ethical approach. Standards of Practice outline the expectations of the CSW and their responsibility in the delivery of care.

Bathing

The act of cleaning oneself independantly or with some assistance.

This care is probably the most private and intimate act that a person(s) can have done for them by a CSW. Respect and dignity provided to the person is the priority while performing this care. There are many types of bathing including, bed bath, bath, partial bath or shower. A total bath is necessary when a person(s) is unable to physically bath themselves.

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A person will require a Care Support Worker (CSW) if:

- they are unable to climb in and out of the bath or shower independently.
- they can get into the bath or shower independently but are unable to bathe themselves
- they suffer from dementia such that even though they may be able to physically get in and out of the bath or shower they may not remember how to bathe themselves or perform this task safely.

The CSW may also assist the person with bathing with the use of a transfer device such as a hoist, transfer board or stedy.

Always follow the Care Plan